

Parkview Community Hospital

Certified Nurse Midwife Program

ADDITIONAL SUPPORT FROM YOUR MATERNAL/CHILD TEAM

Parkview Community Hospital is pleased to provide our maternity patients with care by experienced **Certified Nurse-Midwives** (CNMs). A CNM is a licensed healthcare practitioner educated in nursing and midwifery. Midwives provide quality medical care with a personal touch by helping patients become stronger advocates for their own health.

Nurse-midwife care has shown **excellent clinical outcomes, decreased cesarean rate, a lower rate of induction, a reduced rate of regional anesthesia, decreased infant mortality rates, decreased risk of preterm birth, and increased satisfaction with quality of care.**

MIDWIVES ARE ACTIVELY PRESENT THROUGH THE BIRTH

Bringing new life into the world is a tremendously touching experience, but for many parents and families, labor and delivery of a new baby is scary and stressful. Using a certified nurse-midwife during this time can provide additional care including:

- **In-person support** for you and your family throughout the entire labor process.
- **Facilitation of a natural birth** with focus on holistic care for family unit.
- **A variety of options for pain relief** during labor, including an epidural if requested.
- **Recommendations** that may aid in the delivery process, like walking or position changes.

MIDWIVES ALSO PROVIDE FOLLOW-UP CARE

Nurse-midwives can help their patients determine the best plan of action while promoting lifelong care-before, during and even after a mother delivers her child. Options for follow-up care can include:

- **Support for breastfeeding mothers**, including postpartum care and referral to a lactation consultant if needed.
- **Guidance about newborn care issues.** For example, a certified nurse-midwife can assess the overall health of your baby, and even offer advice for newborn care.

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